**SKILLS AND APPLICATIONS TASK: HEALTHY MINDS ASSIGNMENT**

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| **Learning Requirements** | **Assessment Design Criteria** | **Specific Features** |
| * 1 * 2 * 4 * 6 | * Investigation * Analysis and Evaluation * Application * Knowledge and Understanding | * I2 * AE1 * A2 * KU1, KU2, KU3 |

**Purpose**

Students demonstrate an understanding of different mental illnesses and the relationship between these illnesses and society.

**Task Description**

Research a mental illness and present your findings to the class. You will need to use a range and variety of sources in your research and comment on why they are reputable. Appropriate psychological terminology should be used throughout the presentation. Your research needs to specifically address:

* Examine the behaviours of groups and individuals with this illness by describing:
  + The symptoms of the illness
  + Risk factors of the illness
  + Prevalence of the illness
  + Historical perspectives of the illness
* What are the available treatments for this illness? What are the benefits of each treatment? What are the disadvantages of each treatment?
* What are the coping strategies associated with the illness? How effective are they in managing the illness?
* How can your chosen illness be explained in terms of the 4 levels of explanation? Make sure you include Biological, Person, Basic Processes and Socio-Cultural.
* When investigating mental illnesses, what ethical considerations must be taken into account? Consider the following categories:
  + Confidentiality
  + Informed consent
  + Voluntary participant
  + Deception and debriefing
  + Do no harm

You must include a bibliography of all resources used in your research. You need to use a range of sources that are reputable.

**Assessment conditions**

Findings to be presented as an oral presentation of no more than 10 minutes in length.

**DUE DATE:**